

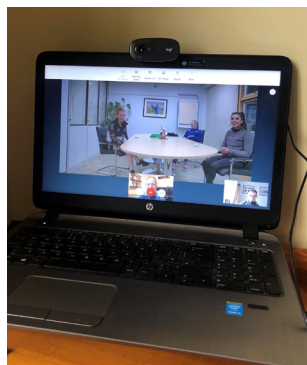
LEARNING OPPORTUNITIES FOR 2021



One Day Courses

We're pleased so many jockeys took advantage of our media training sessions in 2020, both attended where possible and by Zoom. These sessions will continue in 2021 and will be delivered at Middleham, Newmarket, Oaksey House and Jack Berry House for face to face or by Zoom video conferencing.

» **Keep an eye on social media for dates.**



Short Online Courses

Following the suspension of Claiming Jockey workshops in 2020, a selection of online training courses for jockeys has been produced for the Racing2Learn platform. These eLearning courses are short and easy to access. Claiming jockeys are encouraged to complete these modules as part of their continuous professional development.

- PROFESSIONALISM IN SPORT – presented by Kevin Darley
- A POSITIVE APPROACH FOR ELITE PERFORMANCE – presented by Aodhagan Conlon
- NUTRITIONAL SUPPORT FOR THE PROFESSIONAL JOCKEY – developed by the PJA Nutrition Team

» **Links to the courses can be found in the Training Courses section of our website.**

Racing2Learn



Longer Term Learning

There are some fantastic development opportunities for jockeys and former jockeys to consider. The British Horseracing Development Programme is now open to non-graduates. A FREE 2 week residential course at Newmarket is followed by an eight week work placement, many of these placements will be suitable for jockeys who have been developing different skills and capabilities alongside their riding or post riding. Applications close on February 28th. Former jockeys Phil Kinsella, Ben Swarbrick and Colm Sharkey have all completed this programme.

Starting in Autumn 2021, there is also the Thoroughbred Horseracing Industries MBA course run by the University of Liverpool which runs as a two year part time programme.

» **Anyone interested in applying for one of these courses should contact Lisa for more details or help with your application.**



JOCKEY STORIES

We feature a wide range of career case studies in the Jockey Stories section of our website, a great starting point for jockeys seeking career inspiration and wanting to read about how others have transitioned from being a jockey.

Assistant Trainer to Dan Skelton, former Jump jockey **Tom Messenger**, has been shortlisted for the Leadership Award at the 2021 Godolphin Stud and Stable Staff Awards. Many jockeys are keen to remain hands on in racing after they finish riding and Tom has transitioned very successfully into a role he loves.

Scotland based Jump Jockey **Rachael McDonald** is a great example of someone putting dual career into practice by combining a part time teaching role at the Scottish Racing Academy with her riding career.

» **Read Tom and Rachael's full stories on our website.**



RICHARD DAVIS AWARDS REVIEW 2020



Our annual career development awards, the Richard Davis Awards looked a little different in 2020 however we were delighted that we were still able to recognise the achievements of so many jockeys and former jockeys who have been working hard developing their careers. The finalists and winners of each of the three Award categories were announced live on Racing TV by former jockey turned presenter George Baker and were then interviewed by Niall Hannity.



THE JOCKEY CLUB

THE JOCKEY CLUB ACHIEVEMENT AWARD WINNER (£3000 prize)

Picking up a £3000 prize, the winner **KYLIE MANSER-BAINES** rode as a Flat jockey, ending her jockey career in 2011 and initially set up a Racehorse Rehoming business before realising an early ambition of joining the fire service. She used JETS to help her with the detailed application process before being recruited and undertaking an intensive eleven week training course. She now works for the London Fire Brigade and manages to combine her new career alongside her successful racehorse business in Kent where she re-homes around 50 racehorses every year.



RUNNERS UP

Ollie Garner (owner of Cotswold Forage)
John Pritchard (owner of Charbel Blinds).

“Both my careers take a lot of effort, initiative and planning to manage successfully but I feel very satisfied that I can put something back into racing by retraining racehorses and also very proud to represent the London Fire Brigade and help save lives. The work that I do as a firefighter is extremely diverse and I like that no day is the same. The Covid-19 pandemic has added another aspect to what is already a demanding job.”

Kylie Manser-Baines



IJF PROGRESS AWARD WINNER (£2000 Prize)

Winner, **JORDAN VAUGHAN**, rode as an Apprentice for five years before retiring from riding in 2017. Having always been fascinated with the anatomy of a horse, Jordan used JETS to help identify what courses he needed to do in order to qualify as a farrier. He is now carrying out his Level 3 Apprenticeship based in Newmarket, gaining invaluable experience in many of the top racing yards. Jordan hopes to eventually set up his own business and to become an Approved Training Farrier so he in turn can employ and teach apprentices.



“Winning this Award means so much to me in terms of the recognition for what I’ve achieved so far and the £2000 prizemoney will enable me to buy a new forge and grinder for a vehicle so I am set and ready to go when I qualify.”

Jordan Vaughan

RUNNERS UP

Saleem Golam (Barbering)
Sam Welton (Structural Engineering)



BHA CURRENT JOCKEY CPD AWARD (£1000 prize)

This Award is exclusively for current jockeys and the winner **GAIA BONI** picked up a £1000 prize. Based in Newmarket as Apprentice Jockey to William Jarvis, Gaia has been a role model in terms of personal development using all the resources available to young jockeys to help progress her riding career and improve her skill set to develop in all areas of her life. As well as working on fitness, technique and diet, Gaia has also carried out a number of different training courses and has shown total commitment especially in a year that has been so disrupted by the pandemic.



“I am very grateful for all the support that I have received since moving to Newmarket and I am determined to do everything possible to be successful in my riding career. It means a lot to have my achievements recognised and I hope that I can inspire other young people to follow their dreams.”

Gaia Boni

» WATCH FILMS AND INTERVIEWS WITH ALL THE WINNERS ON OUR WEBSITE.



JOCKEY COACHING UPDATE

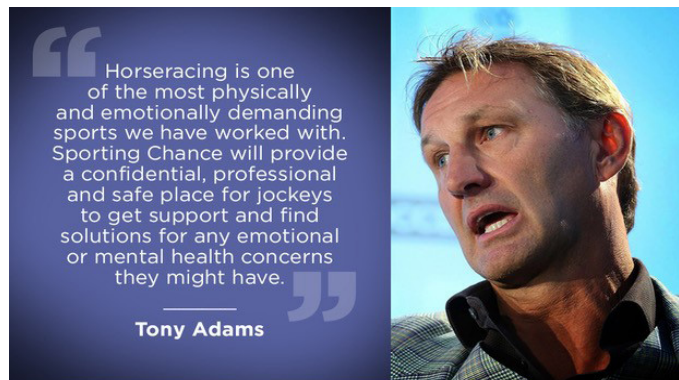
An exciting development in the Jockey Coaching Programme for 2021 will see a new female mentoring scheme being introduced with Jockey/Mentor partnerships made up of experienced and fully trained mentors and claiming jockeys engaged within the Jockey Coaching Programme. This is a pilot programme initially for six months which will hopefully be widened out to all claiming jockeys.

Another new feature of the Programme sees the introduction of Jockey Coaching 'Drop-In' sessions to allow coaching to continue for jockeys after they have progressed beyond their claiming stage. This involves a Jockey Coach being on-site at an IJF centre as a regular weekly arrangement and having time slots available for any jockey to book and to receive coaching.

» Keep an eye on the IJF Centre social media channels for more details

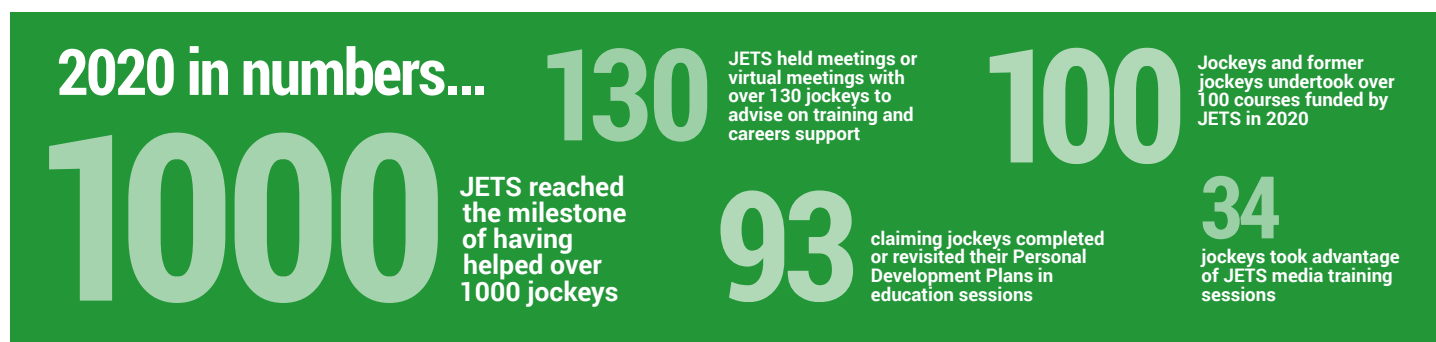
SPORTING CHANCE HELPING JOCKEYS

In September, the PJA announced their partnership with Sporting Chance providing mental and emotional wellbeing support to jockeys. Founded by Tony Adams, their team are also providing education to young jockeys around substance abuse. Alex Mills, Head of Education at Sporting Chance, features in the Jockey Matters film released in September - definitely worth a watch for anyone who thinks they are struggling or is concerned about someone else when it comes to substance abuse. Jockeys, please look out for the new mental wellbeing referral pathway that has been sent out to you by the PJA.



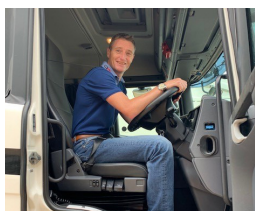
SPORTING CHANCE

JETS
Jockeys Education & Training Scheme



CONGRATULATIONS TO...

JETS Scholarship recipients **THOMAS BROUGHTON** (Bloodstock & Performance Horse Management), **AODHAGAN CONLON** (Sports Psychology PhD Research), **SAMUEL WELTON** (Civil and Structural Engineering) and **MEGAN CARBERRY** (Sport and Exercise Therapy).



DARYL JACOB, TOM O'BRIEN, GEORGE CHALONER and JACOB BUTTERFIELD for getting their LGV driver licences

ELLIE MACKENZIE on completing her Level 4 Training Thoroughbred Horses for Performance qualification

DAVID O'MEARA on reaching the milestone of 1,000 winners

ADELE MULRENNAN and LEONNA MAYOR on joining the ITV presenting team

EVA MOSCROP for her Award winning Cortado Espresso Bar in Newmarket



GEORGE BAKER who has gained his Level 2 UKCC coaching qualification and has joined the team of BHA Jockey Coaches

JOE CORNWALL, selected as one of Citywire's Top 30 Under 30 Wealth Managers

GET IN TOUCH!



Follow us:

@JETS4Jockeys or like us!

Hopefully we will be able to see more jockeys on course as restrictions lift but in the meantime, don't forget you can make an appointment to see Lisa or Phil at the IJF rehab centres to discuss any career development or training needs and queries.



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